




# NBRC Gym Schedule

## JUNE 1-7

6/2/2015

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:30	Open Gym 6:00-7:30	Open Gym 6:00-8:30	Open Gym 6:00-7:30	Open Gym 6:30-8:30	
6:30am							
7:00am							
7:30am	Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30		Open Gym 7:30-8:30
8:00am							
8:30am	Camp 8:30-9:15	Camp 8:30-9:15	Camp 8:30-9:15	Camp 8:30-9:15	Camp 8:30-9:15	Drop-in GPW 8:30-9:30	Drop-in CoEd Volleyball 8:30-12:30
9:00am	Pickleball 9:15-10:30	Open Gym 9:15-12:00	Pickleball 9:15-10:30	Open Gym 9:15-12:00	Open Gym 9:15-10:30	Open Gym 9:30-7:00	
9:30am							
10:00am							
10:30am	Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30		
11:00am							
11:30am	Drop-in Adult Basketball 11:30-1:30	Pure Step 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Pure Step 12:00-1:00	Drop-in Adult Basketball 11:30-1:30		
12:00pm							
12:30pm		Drop-in Senior Basketball 1:00-2:30		Drop-in Senior Basketball 1:00-2:30			
1:00pm	Open Gym 1:30-3:30	Open Gym 2:30-3:30	Open Gym 1:30-3:30	Open Gym 2:30-3:30	Open Gym 1:30-3:30	Open Gym 9:30-7:00	
1:30pm							
2:00pm							
2:30pm	Camp 3:30-4	Camp 3:30-4	Camp 3:30-4	Camp 3:30-4	Camp 3:30-4		Open Gym 12:30-8:00
3:00pm							
3:30pm							
4:00pm	Open Gym 4:00-5:15	Open Gym 4:00-6:00	Open Gym 4:00-7:00	Open Gym 4:00-6:00			
4:30pm							
5:00pm	H.I.I.T. 5:15-6:15		H.I.I.T. 5:15-6:15		Open Gym 4:00-7:30		
5:30pm							
6:00pm	Open Gym 6:15-9:30	Wmns Wrkout 6:00-7:00		Wmns Wrkout 6:00-7:00			
6:30pm		Open Gym 7:00-9:30	Drop-in Adult Basketball 7:00-9:30	Open Gym 7:00-9:30			
7:00pm							
7:30pm							
7:30pm	Open Gym 6:15-9:30	Open Gym 7:00-9:30	Drop-in Adult Basketball 7:00-9:30	Open Gym 7:00-9:30			
8:00pm							
8:30pm							
9:00pm							
9:30pm							





**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)